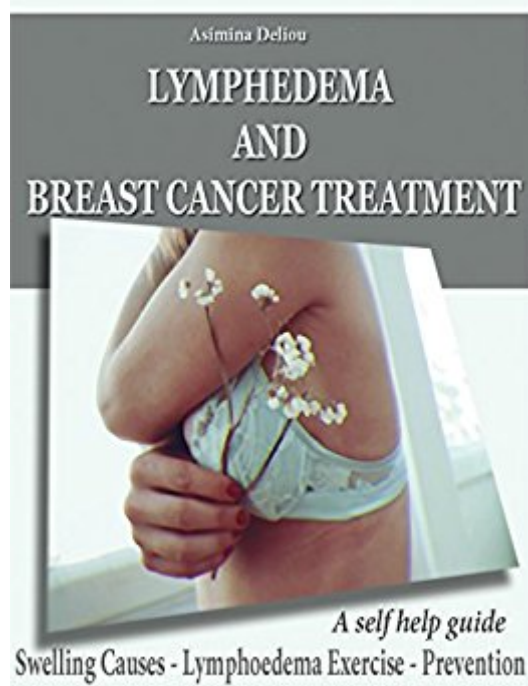


The book was found

# LYMPHEDEMA AND BREAST CANCER TREATMENT: Swelling Causes - Lymphoedema Exercises - Prevention



## Synopsis

Lymphedema is a usual side effect of a mastectomy, a lymph nodes biopsy or radiation therapy used to fight breast cancer symptoms and prevent cancer from spreading all over the body. In recent years when more than 85% of women undergoing treatment for breast cancer survive more than five years, the long-term adaptation to the consequences of the treatment is becoming increasingly important. It has been shown that because the effects of therapy make up the physical and psychological trauma of the disease, provoking the resumption of a normal physical and emotional life, it is very important to avoid as much as we can the appearance of any consequence. This book has the purpose to give you the information that will enable you to learn 1) To what extent it is normal what you feel after surgery and when to seek medical help 2) How common is lymphedema after mastectomy and who are the most likely to develop lymphedema 3) When lymphedema occurs 4) How to notice in time an incipient lymphedema 5) What are the appropriate exercises you can do, after your surgery and on, to increase the mobility of your arm, to reduce existing swelling and to prevent lymphedema 6) What treatment you can follow when lymphedema appears 7) What precautions you can take to avoid lymphedema 8) What type of regular exercise and physical activity is appropriate for you. This book can provide you with essential knowledge to help you avoid or reduce unpleasant consequences of the breast cancer therapy. All these information are based on articles and researches of the last 5 years, in order to keep you informed on the current updates on lymphedema.

## Book Information

File Size: 4132 KB

Print Length: 92 pages

Simultaneous Device Usage: Unlimited

Publication Date: September 30, 2015

Sold by: Â Digital Services LLC

Language: English

ASIN: B0161YV7UK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #1,603,005 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #65  
inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Lymphatic #201  
inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments >  
Cancer > Breast Cancer #1210 inÂ Books > Health, Fitness & Dieting > Diseases & Physical  
Ailments > Cancer > Breast Cancer

[Download to continue reading...](#)

LYMPHEDEMA AND BREAST CANCER TREATMENT: Swelling Causes - Lymphoedema  
Exercises - Prevention Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly  
Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast  
... Cancer,Leukemia,Colon Cancer,Skin Cancer) Cancer: Cancer Cure: Natural Cancer Cures And  
Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast  
Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Coping With Cancer: Controlling  
and Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung  
Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Outsmart Cancer: The  
Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer  
Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer  
Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without  
Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ...  
Cure,Prostate Cancer,Cancer Prevention) Breast Cancer Prevention and Recovery: The Ultimate  
Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer,  
colorectal, ... cancer killers, cancer is not a disease,) The Breast Cancer Patient's Survival Guide:  
Amazing Medical Strategies for Winning: A Natural Guide to Treatment of Cancer, Breast Cancer,  
Cancer and Nutrition, Beating Cancer and Fighting Cancer Anti-Cancer Diet: An Ultimate Guide to  
Reverse and Prevent Cancer Naturally! (anti-cancer diet, anti-cancer cookbook, anti-cancer diet  
recipes, reverse cancer, prevent cancer) Linfedema (Lymphedema): Una GuÃ- a de PrevenciÃ n y  
SanaciÃ n Para Pacientes Con CÃ¡ncer De Mama (A Breast Cancer Patient's Guide to Prevention  
and Healing) (Spanish Edition) Brain Cancer Treatment - How to Beat Brain Cancer And Get Your  
Life Back (Brain Cancer, Tumor, Brain Cancer Treatment, Natural Treatment) Lymphedema  
Management: An Essential Guide to Living with Lymphedema - Understanding the Cause,  
Recognizing Symptoms, Learning to Manage, and Identifying Treatment & Therapy Options Breast  
Cancer Treatment Handbook: Understanding the Disease, Treatments, Emotions, and Recovery  
From Breast Cancer Colon Cancer - A Cancer Prevention and Cancer Cure Guide to Understanding  
the Facts of Colon Cancer for Treatment, Diet, and Nutrition When Cancer Hits Home: Cancer

Treatment and Prevention Options for Breast, Colon, Lung, Prostate, and Other Common Types  
Memory Exercises: Memory Exercises Unleashed: Top 12 Memory Exercises To Remember Work  
And Life In 24 Hours With The Definitive Memory Exercises Guide! (memory exercises, memory,  
brain training) Heal Breast Cancer Naturally: 7 Essential Steps to Beating Breast Cancer Cancer  
Prevention Diet: The Revolutionary Cancer Prevention Diet to Live Healthy and Cancer Free Colon  
Cancer: The Complete Guide to Understanding It: Causes, Symptoms, Stages, Treatment &  
Prevention My IVF Breast Cancer: Estrogen Metabolism, Cancer Treatment & Functional Genomics

[Dmca](#)